

Rev. Dr. Holly Adams
Meaning ~ Purpose ~ Choice
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www.ilovelavenderfarm.com

Dr. Holly's TRIUNE Healing Approach reflects the Three Aspects of the Divine Feminine:

Maiden – Body: Dance & Scentualities; *Let the Beauty Move through You,*

Mother – Heart/Mind: Compassionate Perspective; *Let the Intuitive be Known to You,*

Wise Woman – Spirit: Ceremony; *Let Connection with Divine be Celebrated in You.*

This unique and ancient approach acknowledges the Great Mystery of which we are all a vital part. 'Triune,' *three in one*, means that, no matter what our age may be, we contain within us, as female, the instinctual knowledge of all aspects of the feminine domain*.

(*Of course, men can access the Feminine Realm through their "anima" and imaginal skills!)



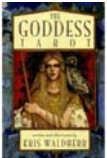
~ Holly recently finalized her Doctoral Degree from Pacifica Graduate Institute, Carpinteria, CA, which combined her love of the transformational power of the essential, healing messages of archetypal symbolism and synchronicity with her deep faith in the positive, holistic approach to living and the embodiment of our soulful potential. Her doctoral research focused on facilitating, through ceremony and reflection, the Feminine Embodiment of Self; specializing in archetypal feminine spirituality, psychology and practice; realizing what is essential to our transformation; and engaging the deeper levels of consciousness in our process. Please contact Holly if you are interested in reading/reviewing her dissertation entitled, **Pomegranate Moon: A Study Concerning Adult Women's Recollection and Transformation of Menarche and Feminine Embodiment Through Ceremony** (copyright 2001).

~ Dr. Holly also holds a Masters' Degree from Lesley College, Cambridge, MA in Holistic Healing utilizing a wide variety of complementary approaches to healing and wellness on all levels, body, mind, spirit, and emphasizing relaxing into our soul purpose and perceiving the next loving step in our evolution.

~Holly's foundation also includes the qualities and skills of artist, crafter of ritual tools & sacred landscape, midwife, teacher, certified hypnotherapist, ceremonialist; many years as the ceremonial director of the Southern California Women's Herbal Symposiums and, as Reverend with the Universal Life Church, has facilitated memorials, marriages, and seasonal celebrations.

Let Connection with Divine be Celebrated in You.

~ Presently, Dr. Holly is offering her expertise and guidance in intuitive development as the



“**Ojai Oracle**” through the synchronicity of the *Goddess Tarot*, which is a rich collection of images whose symbolic meanings reflect ageless wisdom on our collective, human experience as well as the individual's challenges and gifts around the cycle of human life and soul growth.

~ She also utilizes the symbols and stones of **Changing Woman's Spiral Wheel of Becoming** (copyright 1996), an oracular system divined by Dr. Holly, which informs through ten archetypes of the Feminine around the Wheel of Life.

~ **Angel Art Oracle Cards** is another approach that Dr. Holly uses to facilitate *oracular perception* utilizing the collage process as individuals create their own Angel Art Oracle Cards. “It is a healing process to create these simple, yet profound images of soul...And then to see, for oneself with new eyes, the deeper meaning is very moving and helpful to make the changes that life and soul require of us.”

Let the Intuitive Perspective be Known to You.

~ Dr. Holly also offers the holistic experience of bellydance as **HOLLEEMA !** Twenty years of middle-near east dance and healing movement are shared in her weekly classes.

Goddess Embodiment & Self Expression DANCE on MONDAY Nites!

Shake up your Chakras to align and radiate your deepest connection with the core of Great Mother Gaia and with most mysterious Source at the Heart of the Universe within your Alchemical Heart, for your own healing and self-celebration, which will contribute to the Great Light and Turning of our World to Love. Come on, Dance On!

Let the Beauty Move through YOU!

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~ Dr. Holly is also extremely pleased to offer **OJAI MISTS Aromatherapeutics**, made with love from the herbs in her organic gardens in the Ojai Valley with her partner, John Kauffmann! "Our fledgling endeavors include building a sustainable lifestyle and community here at Casahaha – aka Casah Aha! - and sensitively building up our soil to be a happy home for Lavender and all her Green Friends of the **I Love Lavender Farm.com!**"



~ "I want to especially thank Sandy and Roland Messori of Rivendell Aromatics for your generous mentoring in all things lavender and green! It was a wonderful thrill to be a Presenter at the 2009 Ojai Lavender Festival, sharing my love of Lavender's Lore and, with Donna Elam and Joanie Chirodit, weaving magic in the Lavender Wand Making Playshop! Thank you!"

We presently offer **OJAI MISTS Aromatherapeutics** in 2oz & 4oz cobalt blue Misters, which create private clouds of aromatherapy and fresh, purified air! "John first made the Ojai Lavender Mist during the wildfires of 2007, and we found that it was extremely effective in knocking down the choking smoke inside our home, AND we also noticed how our moods were uplifted!" NOW Enjoy Ojai Mists year 'round: Ojai Spring Rose Geranium Mist (This was first introduced at the SCWHS 2008 as Pacific Mist!), Ojai Summer Lavender Mist, Ojai Autumn Rosemary Mist, and Ojai Winter White Sage Mist; and for all, Ojai Lovers Mist-a Bohemian Blend of Lavender & Rosemary, enticing! And New, introduced at the Women's Expo 2009, Dr. Holly's DIVINE Mist – Peppermint Scented Geranium Awakener to Divine Embodiment!

Please order online www.ilovelavenderfarm.com or find **OJAI MISTS Aromatherapeutics** in Ojai at Rainbow Bridge, Jones & Co., and Made in Ojai Mercantile!

PASSIONATE PARFUMEUR! "The Scent of Self"

Guests of the Ojai Valley Inn & Spa are experiencing a very special process of self-expression at the Artist Cottage's Apothecary! Holly facilitates individuals in selecting essential healing oils and creating custom blended natural perfumes.

Holly invites you to her home aroma collection, **Aphrodite's Apothecary**, to experience the aromatherapeutic realm of precious oils for yourself! Self expresses through direct knowing to reveal essences of long term transformational qualities that will continue to enhance one's unique evolution, quality of life, and soul expression. The results, which often surprise and delight, are blended with the classical sensibilities of perfumery to create a one-of-a-kind fragrance for you, by you with the blessings of Aphrodite! "I have found it to be a powerful self-esteem builder. Each person has a very idiosyncratic response to the essences, and the fragrance evolution is a synergistic weaving/wafting of personal body chemistry with the complexities of natural botanicals. Aroma reaches us deeply, without censor. One's personal fragrance is like a *touchstone to self.*"

Let Scentualities Flow through You!



Check out Dr. Holly's listing in the Ojai Valley Visitors Guide, in the Mind, Body, Spirit Directory at www.ojavalleynews.com !

Rev. Holly Adams, Ph.D., M.A., C.Ht.
TEND THE GARDEN OF YOUR SOUL
Holistic Integrative Health & Healing,
Multi-Modality Expertise, Goddess Dance, Aphrodite's Apothecary,
Retreat Sessions & Special Events.
OJAI MISTS Aromatherapeutics, from my garden for "Your Journey!"
Oak View, California in the Ojai Valley
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