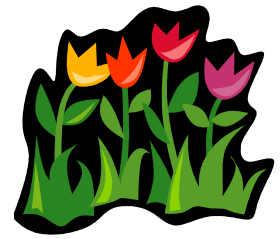


QUEST FOR HEALTH EVENTS 2007



SPRING

MARCH

MARCH 11 JEANNIE H 25th AA Birthday at Sunny and Mariah-call for details Donna 805-985-3343

MARCH 12 2ND MONDAY OF THE MONTH *NATURAL HEALTH AND HERBAL HOUR*
11 @ Nanette Gil's , 867 View Crest Ventura,
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

MARCH 25 [AA/Alanon Women's Monthly PotLuck & Gathering](#)
3PM SUNDAY @ JODI M [LINK TO INDIVIDUAL](#)
RSVP TO Donna 805-985-3343, or email herbalmud@adelphia.net t
TOPIC: 10th Tradition

APRIL

APRIL 2 1ST MONDAY OF THE MONTH *NATURAL HEALTH AND HERBAL HOUR*
7PM-8PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC:

APRIL 9 2ND MONDAY OF THE MONTH *NATURAL HEALTH AND HERBAL HOUR*
2:30-3:30 @ Nanette Gil's , 867 View Crest Ventura,
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

APRIL 22 [AA/Alanon Women's Monthly PotLuck & Gathering](#)
3PM SUNDAY @ LIZ B'S [LINK TO FLYER AND INDIVIDUAL](#)
RSVP TO Donna 805-985-3343, or email herbalmud@adelphia.net t
TOPIC: 11th Tradition

APRIL 27-29 FRI, SAT, SUN Quest for Health presents:
Southern California Women's Herbal Symposium (SCWHS)
2PM Fri-1PM Sun @ the Hot Springs on the Matilija River, Ojai, CA
See Flyer for details [LINK TO FLYER](#)
Call Donna with Questions
Join the circle of women gathering at a pristine private hot springs property in the
Matilija River Valley of beautiful Ojai, CA!

MAY

MAY 7 1ST MONDAY OF THE MONTH *NATURAL HEALTH AND HERBAL HOUR*
7PM-8PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC:

MAY 14 2ND MONDAY OF THE MONTH *NATURAL HEALTH AND HERBAL HOUR*
11 -@ Nanette Gil's , 867 View Crest Ventura,
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

MAY 19 [AA/Alanon Women's Monthly PotLuck & Gathering](#)
4PM SATURDAY @ JUDY'S [LINK TO FLYER AND INDIVIDUAL](#)
RSVP TO Donna 805-985-3343, or email herbalmud@adelphia.net t
TOPIC: 12th Tradition



SUMMER 2007



JUNE

JUNE 1-3 [2\) Women's Second AA/Alanon Retreat by the Sea](#) - "Healing Tools and Treasures"
2PM Fri-2PM SUNDAY @ Silverstrand Beach in Oxnard. [LINK TO FLYER](#)
Join a network of women who are getting together, staying sober and taking the 12 steps!

JUNE 4 **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-8PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC:

JUNE 11 **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30 @ Nanette Gil's , 867 View Crest Ventura,
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

JUNE [AA/Alanon Women's Monthly PotLuck & Gathering](#)

JULY

JULY 2 **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-8PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC:

JULY 9 **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30 @ Nanette Gil's , 867 View Crest Ventura,
Call Nanetter 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

JULY **DATE TBA** [AA/Alanon Women's Monthly PotLuck & Gathering](#)

AUGUST

AUGUST 6 **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-8PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC:

AUGUST 13 **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30 @ Nanette Gil's , 867 View Crest Ventura,
Call Nanetter 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

AUGUST **DATE TBA** [AA/Alanon Women's Monthly PotLuck & Gathering](#)



WINTER 2007

DECEMBER

- DEC 3** **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-9PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC: HOLIDAY CELEBRATION POT LUCK, HERBAL HOUR, HERBAL BINGO
- DEC 10** **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30@ Nanette Gil's , 867 View Crest Ventura
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips
- DEC** **DATE TBA** [AA/Alanon Women's Monthly PotLuck & Gathering](#)

WINTER 2008

JANUARY

- JAN 7** **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-9PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC: HOLIDAY CELEBRATION POT LUCK, HERBAL HOUR, HERBAL BINGO
- JAN 14** **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30@ Nanette Gil's , 867 View Crest Ventura
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips
- DATE TBA** [AA/Alanon Women's Monthly PotLuck & Gathering](#)

FEBRUARY

- FEB 4** **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-9PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC: HOLIDAY CELEBRATION POT LUCK, HERBAL HOUR, HERBAL BINGO
- FEB 11** **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30@ Nanette Gil's , 867 View Crest Ventura
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips
- DATE TBA** [AA/Alanon Women's Monthly PotLuck & Gathering](#)



SPRING 2008

MARCH

MARCH 3 **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-9PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC: HOLIDAY CELEBRATION POT LUCK, HERBAL HOUR, HERBAL BINGO

MARCH 10 **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30@ Nanette Gil's , 867 View Crest Ventura
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

DATE TBA [AA/Alanon Women's Monthly PotLuck & Gathering](#)

APRIL

APRIL 7 **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-9PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC: HOLIDAY CELEBRATION POT LUCK, HERBAL HOUR, HERBAL BINGO

APRIL 14 **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30@ Nanette Gil's , 867 View Crest Ventura
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

DATE TBA [AA/Alanon Women's Monthly PotLuck & Gathering](#)

MAY

MAY 2-4 **FRI, SAT, SUN Quest for Health presents:**
Southern California Women's Herbal Symposium (SCWHS)
2PM Fri-1PM Sun @ the Hot Springs on the Matilija River, Ojai, CA
Flyer to come. Call Donna with Questions
Join the circle of women gathering at a pristine private hot springs property in the
Matilija River Valley of beautiful Ojai, CA!

MAY 5 **1ST MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
7PM-9PM @ Linda Marshall, 244 Highland Drive,
Call Linda @ 805-444-7671 to confirm every meeting or with questions??
TOPIC: HOLIDAY CELEBRATION POT LUCK, HERBAL HOUR, HERBAL BINGO

MAY 12 **2ND MONDAY OF THE MONTH** **NATURAL HEALTH AND HERBAL HOUR**
2:30-3:30@ Nanette Gil's , 867 View Crest Ventura
Call Nanette 805-658-8560 to confirm or with questions
TOPIC: Varied...Health Tips

DATE TBA [AA/Alanon Women's Monthly PotLuck & Gathering](#)